

MEET YOUR OT!

Michelle Roberts



Welcome

Hi there. My name is Michelle and I'm going to be your OT. An OT, or Occupational Therapist, is someone who helps you to learn and do new things or helps you with things you find tricky – and we always try to have fun! I can't wait to meet you and find out what you love and think is fun so we can do it together!

Where do OTs work?

OTs work in lots of different places, either indoors or outdoors! For example, you may find me in our rooms in Diamond Creek, doing visits to homes, schools and kinders, or on telehealth.

When we meet

You might like to bring your favourite toy or game from home when you meet me, or you might like to send me a message with an idea of something fun we could do together.

About Me

- I have 3 children (1 boy and twin girls) and a rabbit (Honey!)
- In my spare time I love spending time with my family and going on adventures, camping surfing, swimming, bushwalking, generally being in nature, making jewellery and reading.
- I love to learn

My Favourites

Food.....strawberries, mexican dishes, chocolate!

Colour.... Green

Animal...snow leopard, dolphin

Sport.....yoga, swimming

My favourite thing about being an OT is.....having meaningful connections with people



I look forward to seeing you soon!