## MEET YOUR OT! Belinda Cnomo



## Welcome

Hi there. My name is Belinda and I'm going to be your OT. An OT, or Occupational Therapist, is someone who helps you to learn and do new things or helps you with things you find tricky - and we always try to have fun! I can't wait to meet you and find out what you love and think is fun so we can do it together!

## About Me

I am new to Melbourne (from Perth). I am having lots of fun making new friends and exploring new places (especially new food!).

I like cooking, doing pottery, listening to jazz music, and playing fetch with my dog Rigby.

## Where do OTs work?

OTs work in lots of different places, either indoors or outdoors! For example, you may find me in our rooms in Diamond Creek, doing visits to homes, schools and kinders, or on telehealth.

## When we meet

You might like to bring your favourite toy or game from home when you meet me, or you might like to send me a message with an idea of something fun we could do together.

## My Favourites

Food: Pasta, any kind!
Colour: Blue and pink
Animal: Penguin
Sport: Hockey
My favourite thing about being an OT is working with parents and kids to understand their bodies and brains and feel confident.

