MEET YOUR THERAPY ASSISTANT: Aiden Hay



Welcome

Hi there. My name is Aiden and I'm going to be your therapy assistant. A Therapy Assistant works with you, your family and OT to help you learn and do new things or things you find tricky. We always try to have fun! I can't wait to meet you and find out what you love, and think is fun so we can do it together!

where do Therapy Assistants work?

OTs work in lots of different places, either indoors or outdoors! For example, at homes, schools and kinder, or the park.

when we meet

You might like to show me your favourite toy or game when you meet me, or you might like to send me a message with an idea of something fun we could do together.

About Me

Outside of Occupational therapy work, I work at a sports centre and a café. I'm currently studying at University.

I have 2 Dogs that I love to spoil.

I enjoy exercising at the local gym and cooking for myself. I also enjoy spending time with my friends and family.

My Favourites

Food: Pizza

Colour: Blue

Animal: Chimpanzee

Sport: AFL/Basketball

My favourite thing about being a therapy assistant is being able to help those in need.



I look forward to seeing you soon!