# MEET YOUR OT!

# Lauren Byrne



#### Welcome

Hi there. My name is Lauren and I'm going to be your OT. An OT, or Occupational Therapist, is someone who helps you to learn and do new things or helps you with things you find tricky – and we always try to have fun! I can't wait to meet you and find out what you love and think is fun so we can do it together!

## where do OTs work?

OTs work in lots of different places, either indoors or outdoors! For example, you may find me in our rooms in Diamond Creek, doing visits to homes, schools and kinders, or on telehealth.

#### when we meet

You might like to bring your favourite toy or game from home when you meet me, or you might like to send me a message with an idea of something fun we could do together.

### About Me

I love reading books, craft and playing games and sports.

I have been an OT for 23 years!

I have three kids and a groodle called Ernie and we live by the beach.

### My Favourites

Food.....Sushi

Colour.... Blue

Animal...Monkey

**Sport**.....Footy, basketball, tennis and netball

My favourite thing about being an OT is.....

... playing and having fun with kids.



I look forward to seeing you soon!