

MEET YOUR OT!

Trish Holley



Welcome

Hi there. My name is Trish and I'm going to be your OT. An OT, or Occupational Therapist, is someone who helps you to learn and do new things or helps you with things you find tricky – and we always try to have fun! I can't wait to meet you and find out what you love and think is fun so we can do it together!

Where do OTs work?

OTs work in lots of different places, either indoors or outdoors! For example, you may find me in our rooms in Diamond Creek, doing visits to homes, schools and kinders, or on telehealth.

When we meet

You might like to bring your favourite toy or game from home when you meet me, or you might like to send me a message with an idea of something fun we could do together.

About Me

Trish has always loved kids, and she is an OT, a Primary and Secondary teacher, a mum, and a Grandma. She loves learning, being with her family, bike riding, reading, being at the beach or anywhere outdoors, and she loves making things and fixing things.

My Favourites

Food.....Lemon tarts

Colour.... Blue

Animal...Whales

Sport.....Bike riding

My favourite thing about being an OT is.....Meeting wonderful people, working together to solve problems, and learning more about how our bodies and brains work.



I look forward to seeing you soon!